

## GYMSTARS GYMNASTICS ACADEMY

### CODE OF CONDUCT FOR PARTICIPANTS, PARENTS & COACHES

Gymstars Gymnastics Academy is fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that the members, coaches, administrators and parents associated with the club, should at all times, show respect and understanding for the safety and welfare of others.

#### GYMSTARS PARTICIPANTS MUST:

- Inform their coach of any illness or injuries they may have before the warm-up begins.
- Never leave the training hall without informing the coach.
- Wear suitable attire, keep long hair tied back and remove all body jewellery.
- Follow the instructions of their coach as quickly and as exact as possible.
- Respect, support and encourage fellow club members.
- Always train with a positive attitude.
- Take care of the club's equipment and treat it with respect.
- Never use bad language.

#### GYMSTARS PARENTS MUST:

- Always encourage your child to learn the rules and participate within them.
- Always ensure good time keeping at the beginning and end of your child's session.
- Always ensure your child is dressed appropriately for their session.
- Always notify the club of any reason for your child being absent from their session.
- Not address any criticism to, or at, your child or the coach in front of other parents or gymnasts.
- Always respect the coaches' opinion. He or she has greater knowledge and experience than you about the sport.
- Always help your child to recognise overall good performance by encouraging effort as well as progress and results.
- Always set a good example by recognising good sportsmanship and applauding all performances.
- Always support your child's involvement and help them enjoy their sport.

#### GYMSTARS COACHES, OFFICIALS & VOLUNTEERS MUST:

- Consider the safety and well-being of all participants before the development of the performance.
- Develop an appropriate working relationship with the performer based on mutual trust, respect and understanding.
- Hold the appropriate, valid qualifications and insurance cover and a current Criminal Records Disclosure.
- Select activities appropriate to the age, ability and experience of those taking part.
- Display constantly high standards of regard to behaviour and appearance.
- Dress suitably.
- Always use appropriate language.
- Be punctual to all classes.
- Never condone rule violations.
- Be discreet with any confidential information that you may have been given.
- Promote the positive aspects of the sport e.g. fair play.